

## Ginger Apple Drink

line #	qty	units	ingredients	notes
1	7	TBLS	ginger juice	ginger juice (see below)
2	7	cups	apple juice	your choice of fresh squeezed, from concentrate or NOT concentrate
3	3	cups	water	to stretch the drink
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- 1 get ginger root from a local store. Some Kroger stores carry it. Indian and Asian cultural market.
  - 2 using a juicer, juice the ginger. The ruffage of the ginger will clog your juicer quickly.
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- 1 I make a LOT of ginger juice at one time. I get 10 - 20 lbs at a time. This makes the job a one time effort for a lot of juice.
  - 2 I take the juice and put it in ice cube trays. Each cube is about 1 TBLS.
  - 3 After the cubes are frozen I move them to another fairly air tight container. Canning jars work. Some plastic wide mouth jars work.
  - 4 If the cubes are left in the trays, after a while they will evaporate their liquid content.
  - 5 Now when the recipes calls for a TBLS of ginger juice you can easily count cubes.
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- 1 Drinking the drink full strength is GREAT, but as I drink it all day, I have learned that deluting it with some water (adjusted to taste) helps make it easier to last longer, and it still taste great.
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Contributed by ... Rocky approximate serving size = depends on how much you make  
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