

recipes for contribution, & suggestions, are welcomed. (if you want credit noted, please make that clear)

rev: October 25, 2018

Meatloaf

line #	qty	units	ingredients	notes
1	2	#	meat	
2	3	ea	eggs this is an emulsifier (makes things stick together)	
3	1	ea	onion	size not critical
4	.5	C	whole milk	use whatever type milk you like
5	1	tsp	salt	You may omit this if you think blend #12 is already salty enough
6	.25	tsp	black pepper	
7	1	TBLS	minced garlic	
8	6	TBLS	crushed tomatoes	
9	5-7	TBLS	Billy Goat Mountain blend # 12	not critical, but after a time or 2 making this you will know what you like
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- 1 Use food processor for a few seconds to chop onions.
- 2 Combine all the ingredients and mix (I use a table top mixer).
- 3 Mix at a slow speed (like a taffy pull) for up to 1/2 hour. The better you mix, the better the texture results.
- 4 If you get a tight stringy piece of meat in the mix, feed the dog. Cook the rest of it.
- 5 Place into desired pan(s). Thicker loaves takes longer to cook.
- 6 A bit runny is OK, as it will dry during cooking and further absorb into loaf.
- 7 Let cool while meet juice is re-absorbed

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If you use anything like cracker, bread or the like, the more DRY the loaf will be.

You should notice this recipe does not require any topping (ketchup etc).

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Slice the loaf to put on bread (bun) for a meatloaf burger.
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Contributed by ... Rocky

approximate serving size = 4 - 8 people

mailto: spice#billygoatmountain&net

The above addresss is NOT correct. For security reasons, the "#" and "&" characters must be replaced with "@" "." to be a correct address.

This reduces the possibility of a hacker autosearching for address links.

Simply copy and paste this address in your mail program, BUT remember to substitute the "#" and "&" characters.

MEATLOAF

	times		times		times		times	
	2		3		4		5	
meat	4 #		6 #		8 #		10 #	
eggs this is an emulsifi	6 ea		9 ea		12 ea		15 ea	
onion	2 ea		3 ea		4 ea		5 ea	
whole milk	1 C		1.5 C		2 C		2.5 C	
salt	2 tsp		3 tsp		4 tsp		5 tsp	
black pepper	0.5 tsp		0.75 tsp		1 tsp		1.25 tsp	
minced garlic	2 TBLS		3 TBLS		4 TBLS		5 TBLS	
crushed tomatoes	12 TBLS		18 TBLS		24 TBLS		30 TBLS	
Billy Goat Mountain b	86454 TBLS		1E+05 TBLS		2E+05 TBLS		2E+05 TBLS	